

# SAILING INSTRUCTIONS

NSW Sabot Teams Races

Sunday 14th March 2010

Organising authority: Northern NSW Sabot Sailing Association Inc.

Hosted by:- Gosford Sailing Club,  
Masons Parade, Gosford



## Sailing Instructions

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### 1. Rules

The regatta will be governed by the current *rules* as defined in *The Racing Rules of Sailing 2009-2012*, the special regulations of Yachting Australia, the rules and appendices of the Australian National Sabot Council, (except as any of these are altered by the sailing instructions) and by the sailing instructions. The GOLD fleet will also use the Team Racing Rules Appendix D.

### 2. Alterations of Racing Rules

The racing rules will be modified in accordance with rule 86 as follows:

- 2.1 Rule 61.1, **Informing the Protestee** will be altered by: *deleting* “if the hull length of the protesting boat is less than 6 metres, she need not display a red flag.”

### 3. Notice to Competitors

Notices to competitors will be posted on the official notice board located outside the Gosford Juniors Room.

### 4. Changes to the Sailing Instructions

Any change to the sailing instructions will be posted before 0900hrs on the day.

### 5. Signals Made Ashore

- 5.1 Signals made ashore will be displayed at on the flagpole on the western side of the club house.  
5.2 When flag AP is **displayed ashore** with two sound signals (one sound signal when lowered) means ‘The race is postponed’. The Warning Signal will be made not less than 20 minutes after Code Flag **AP** is lowered.’ (Amends Race Signals.).

### 6. Teams

Clubs may enter as many teams as they wish. Each team will comprise 3 seniors and 1 junior (4 boats in total). Where insufficient numbers from a club or clubs, composite teams will be accepted. Composite teams will not be eligible to compete in the GOLD fleet.

### 7. Schedule of Races

- 7.1 One to three short races sailed back to back in the 1<sup>st</sup> session (morning), will be used to select the eight teams that will race in the Gold fleet in the 2<sup>nd</sup> session (afternoon).  
7.2 The session 2 racing will be in two separate fleets.  
7.2.1 The Gold fleet will have a round robin of short races, team against team races or knock out if conditions do not allow this.  
7.2.2 The Silver fleet will continue fleet racing (one to three races) on larger courses.  
7.3 In the event that weather does not allow fair racing, the race officer will configure the available time to achieve results.

### 8. Class Flags

Class flags will be:

Race warning signals	Division Flag
Fleet races, session 1 and session 2	Blue flag with one black Sabot insignia
Gold fleet races	White flag with two black Sabot insignia

## **9. Racing Areas**

The race area for the session 1 races will be the area bordered by Point Fredrick, Noonan's Point and the Gosford Sailing Club. The session 2 Gold fleet races will be in the same area. The session 2 Silver fleet races will be extended beyond Point Fredrick to include the Brisbane Water to the south of Point Fredrick.

No boat whilst racing shall sail between any moorings and the closest shoreline.

## **10. The Courses**

The diagrams in Addendum A shows the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

## **11. Marks**

- a. **Afternoon fleet races:** Marks 1, 2 and 3 will be **green flags with 29er insignia**.
- b. **Morning fleet races and Gold Fleet races:** Marks 1,2, and 3 will be pink flags with black sabot insignia.

## **12. The Start Morning Fleet races**

- a. Fleet races will be started by using rule 26. The start line will be between a staff displaying a black flag with sabot insignia on the start mark at the port end and the flag mast on the committee boat at the starboard end of the line.

## **13. The Start Teams races**

- a. Warning Signal will be the Sabot Class Flag 2-up (two (2) black clogs on a white background). All subsequent races will follow at 3 (three) minute intervals.
- b. If the start sequence is interrupted (for whatever reason) the AP will be raised. The start sequence will be re-commenced by a Warning signal approximately one minute after the AP is lowered.
- c. Preparatory Signal will be two coloured flags one for each of the two teams in the match. The Preparatory signal will be three (3) minutes after the Warning Signal. Each subsequent start will be the preparatory signal for the next race.
- d. The start will be three (3) minutes after each preparatory signal.
- e. A Marshall Vessel (an inflatable) will notify the next two (2) teams that the start of the current match will be their Preparatory signal.
- f. In the event of a General Recall the start sequence remains the same, i.e. the recalled teams will be the next teams to start. Their preparatory signal will be one (1) minute after the lowering of the First Substitute.
- g. The start line will be between a staff displaying an orange flag on the start mark at the starboard end and the flag mast on the committee boat at the port end of the line.

## **14. The Finish**

The finishing line will be between a staff displaying a black flag with sabot insignia on the finishing mark at the port and the flag mast on the committee boat at the starboard end of the line.

## **15. Penalty System**

All references to penalty turns are changed so that the 720° turn is replaced by a 360° turn.

## **16. Time Limits**

Time limits are as follows:

- a. The **session 1 fleet race** time limit is 30 minutes with a further 20 minutes after the first boat crosses the line. This changes rules 35 and A4.1
- b. The **session 2 fleet race** time limit is 1 hour with a further 30 minutes after the first boat crosses the line. This changes rules 35 and A4.1

## **17. Judges**

The race committee may use “On Water Judging”.

## **18. Protests and Requests for Redress**

Protest forms are available at the race office. Protests shall be delivered there within the protest time limit of 60 minutes from the last race in a session.

## **19. Scoring**

**Fleet Races:** The Low Point scoring system, Appendix A will apply.

**Gold Fleet Races:** The Low Point scoring system, Appendix D3 and D4 will apply.

## **20. Safety Regulations**

- a. Check-in and checkout: by signing the sign-on sheet before and after the session 1 and session 2 races.
- b. A boat that retires from a race shall notify the race committee as soon as possible. Retirements, DNS (Did Not Starts) and Penalties taken should also be recorded on the Sign-On/Off sheet.

## **21. Replacement of Crew or Equipment**

- a. Substitution of competitors will not be allowed without prior written approval of the race committee.
- b. Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

## **22. Equipment and Measurement checks**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

## **23. Official Boats**

Official boats will be marked as follows:

- a. Committee vessel 1 – White aluminum boat, 5 metres long, session 1 fleet races and session 2 Gold fleet.
- b. Committee vessel 2 – will be a similar type aluminum boat, session 2 fleet races.

## **24. Support Boats**

- a. Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.

## **25. Radio Communication**

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## **26. Prizes**

Prizes will be awarded:-

- The winning team in the Gold fleet will be awarded the Skilled Engineering / Chris Nicholson trophy
- The winning team in the Silver fleet will be awarded the Yarra Bay Shield.
- The race organisers may make other awards as appropriate.

## **27. Disclaimer of Liability**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

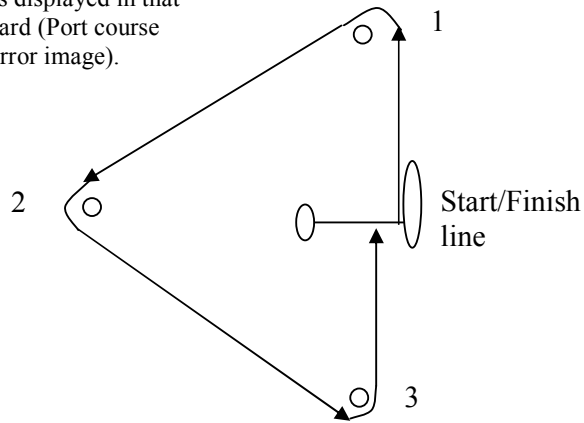
## **28. Insurance**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of 10 million dollars per event or the equivalent.

## Addendum A – Illustrating the Course

### COURSES

1. **Session 1 and 2 Fleet Races** course will be triangular, start to 1, 2, 3 then finish. All marks are to be taken to port, unless a green flag is displayed in that case all marks will be taken to starboard (Port course is illustrated Starboard course is a mirror image).



2. **Session 2 Teams Races** course will be triangular, start to 1, 2, 3 then finish. All marks are to be taken to port, including the finishing line (to avoid interference with boats starting on the other side of the committee vessel (rule23.1)). Boats not racing should move to the marshalling Area.

